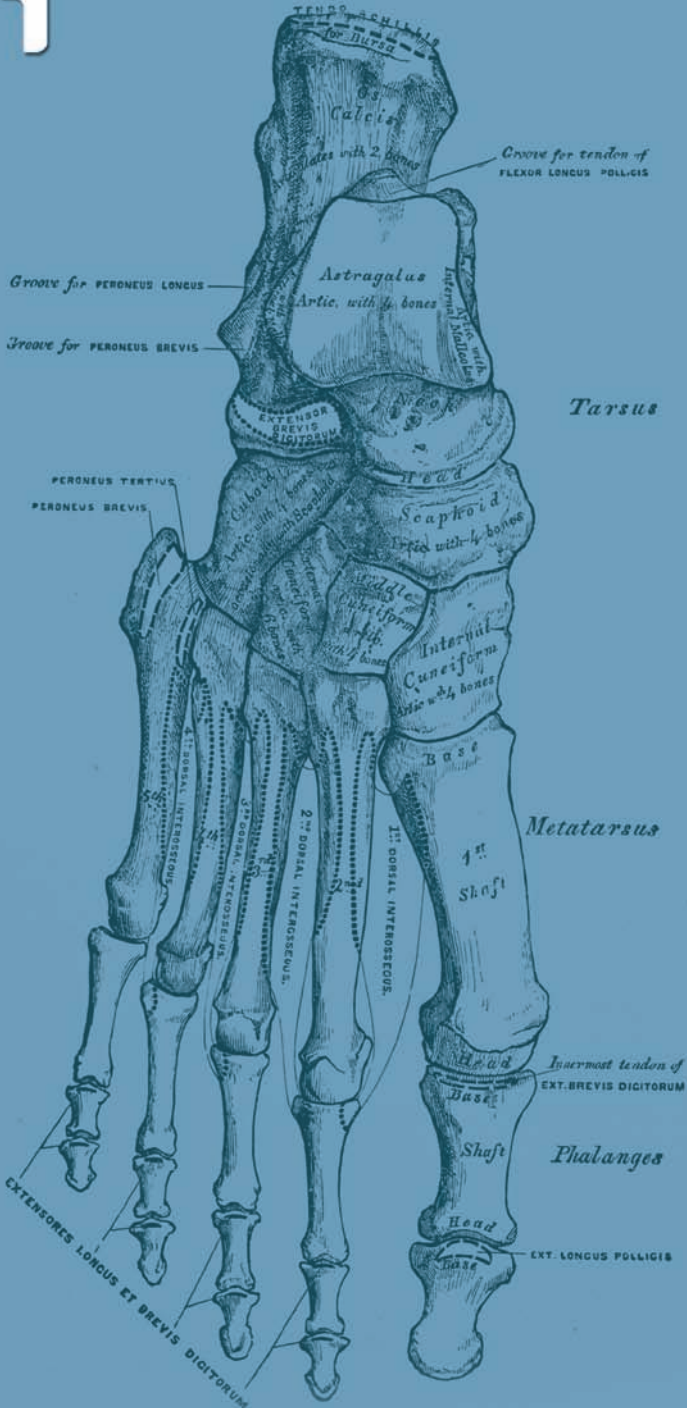




# ALAMO FAMILY FOOT AND ANKLE CARE



KNOWLEDGE

EXPERIENCE

RESULTS



## ❧ MISSION STATEMENT ❧

Alamo Family Foot and Ankle Care maintains a vision toward progressive improvement while utilizing our experience and training to provide the San Antonio community with optimal patient care and outcomes.



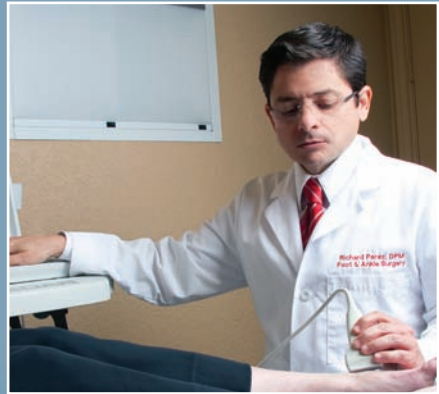
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# CONDITIONS AND TREATMENTS

**A**s podiatrists we diagnose and treat any and all conditions related to the skin, nerves, tendons, ligaments and bones of the foot and ankle. Some of these conditions include achilles tendonitis, arthritis, fungus nails (onychomycosis), ingrown toe nails, bunions, heel pain, diabetic-related foot and ankle problems, flat feet, hammertoes, neuromas, foot and ankle fractures, sports injuries, gout and sprains.



Patients with diabetes who receive medical and surgical care provided by a podiatrist are less likely to suffer hospitalization or amputation than patients who do not receive care from a podiatrist, according to a new study from Thomson Reuters. The study, sponsored by the American Podiatric Medical Association, examined records of more than 32,000 patients with diabetes under 65 and matched health and risk factors for those who had podiatry visits to those who did not. Care by a podiatric physician, defined as at least one pre-ulcer visit, was associated with lower risk of hospitalization and amputation.



Experience Pain free mobility with Extracorporeal Shock Wave Therapy (ESWT) that uses high-energy sound waves to eliminate pain and restore full mobility for sufferers of heel pain (plantar fasciitis) and Achilles tendonitis. ESWT is a modern and highly effective treatment method. We are pleased to be the first San Antonio Podiatrists to offer this new treatment for our patients.

# WHAT WE PROVIDE

# W

e provide comprehensive medical and surgical care for a wide spectrum of foot

and ankle conditions including common to complex disorders and injuries that affect people of all ages. These include, heel pain (plantar fasciitis), bunions, diabetic ulcers, ankle fractures, ankle sprains, reconstructive surgery, hammer toes, ingrown nails, stress fractures, neuromas and more. As premiere podiatrists in San Antonio, we pride ourselves on providing the most proven and advanced care for all foot and ankle problems. Drs. Walter Strash, Richard Perez and D. Martin Chaney are all board certified by the American Board of Podiatric Surgery and Fellows of the American College of Foot and Ankle Surgery. Surgical services are provided at local hospitals and surgery centers throughout San Antonio.

As the premiere podiatrists in San Antonio, Alamo Family Foot and Ankle Care offers services from three state-of-the-art podiatry clinics in the San Antonio area. Each clinic has convenient curbside parking, modern amenities



and the most advanced diagnostic and therapeutic technologies available, including ESWT (shockwave) treatment for heel pain (plantar fasciitis), peripheral arterial testing (PAD) and diagnostic ultrasound. We are available for consultations regarding all foot and ankle problems, including trauma, foot and ankle reconstructions, bunion surgery, ingrown toenails, hammertoes and much more.



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# ABOUT US

Our physicians are board certified in advanced reconstructive techniques in foot and ankle surgery. Their fellowship training includes trauma and deformity reconstruction, and they routinely attend the most advanced and prestigious continuing education opportunities to expand their expertise. Collectively they share a passion for therapies and treatments that optimize patient outcomes. They often are called upon by colleagues and medical schools alike to share their expertise and experience. Although technological advancements are paramount to their success, our physicians make teamwork and integrity the cornerstones of their practice.

Our physicians provide services from three locations in San Antonio. Their fully equipped and staffed clinics offer the latest in cutting-edge technologies giving our patients a full spectrum of treatment choices to maximize their recovery.



## WALTER W. STRASH, DPM, FACFAS

Dr. Strash is a graduate of the Temple University of Podiatric Medicine and Carleton University. He is board certified by the American Board of Podiatric Surgery in both Foot Surgery and Reconstructive Rearfoot/Ankle Surgery. Dr. Strash founded Alamo Family Foot Care, P.A. and has been in private practice in San Antonio since 1991. He also serves as an associate professor in the Department of Orthopedic Surgery at the University of Texas Health Science Center. Dr. Strash is married with four children. He is an instrument rated private pilot flying to Uvalde, Texas several times a month to treat patients. Dr. Strash spends most weekends pursuing activities with his family.



## RICHARD PEREZ, DPM, FACFAS

Dr. Richard Perez joined Alamo Family Foot and Ankle Care in 1997, following completion of his fellowship and residency in advanced techniques in reconstructive foot and ankle surgery with special emphasis on trauma at Broadlawns Medical Center. Dr. Perez is a graduate of Des Moines University's College of Podiatric Medicine and Surgery. He also serves as an associate professor in the Department of Orthopedic Surgery at the University of Texas Health Science Center. Dr. Perez is board certified by the American Board of Podiatric Surgery and a Fellow of the American College of Foot and Ankle Surgeons.



## D. MARTIN CHANEY, DPM, FACFAS

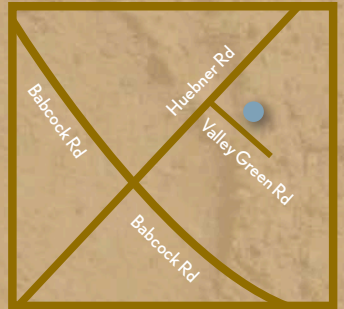
Dr. Dennis Martin "Marty" Chaney has been in private practice since 1999. He was born and raised in Southwest Iowa and attended the University of Northern Iowa where he majored in Biology and Chemistry. Dr. Chaney earned his Doctor of Podiatric Medicine (DPM) degree at Des Moines University and then completed a two year foot and ankle surgical residency at the West Houston Medical Center in Houston, Texas. Dr. Chaney finished his training in Houston by completing a one year reconstructive Rearfoot and Ankle Fellowship. He also serves as an associate professor in the Department of Orthopedic Surgery at the University of Texas Health Science Center.



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 Building 2, Suite 2  
 San Antonio, TX 78240  
 FAX 210-593-0004



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APPOINTMENTS AND INFORMATION:

**(210) 829-8770**

HOURS OF OPERATION: 9AM - 5PM

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